



BOWIE BULLDAWGS RUNNING CAMP

Pup Camp: June 5th - June 8th (Monday-Thursday)

Where: At James Bowie High School Track

Time: 8am-12pm

Who: Incoming 2nd Grade through 6th Grade:

Run by: 10th Grade-12th Grade: Big Brothers and Big Sisters

**Volunteer hours will be received by all 10th-12th graders who participate. Camp for 10th Grade - 12th Grade: Big Brother and Big Sister runners will take place in the morning before the Pup Camp.

Dawg Camp: June 5th - June 29th

++Athletes must have current physical, dated after April 15th, 2023 to participate

Summer Camp:

Time: 7am-9:00am Monday, Wednesday, Thursday

Who: Incoming 7th Grade through 12th Grade: June 5th - June 29th

Phase 1 Prep Camp: July 10-July 31st

9th Grade – 12th Grade:

7:00am -- 10am M, W (Weight room included)

7:00am – 8:30am T, TH

**Official Season start date: August 1st , Varsity runners should make Phase 1 Prep top priority

COST: \$100 per Student/Athlete registering

For all questions, please email:

Coach Tilson

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